

# Journeys With The Fathers: Isaac

"I will also meditate on all Your work, and talk of Your deeds." Psalm 77:12 (New King James Version)

Can we also say, "I don't have \_\_\_\_\_ to \_\_\_\_\_?"

## Isaac: Meditation That Strengthens Faith

A. Meditation explicitly mentioned in Isaac's life:

1. Genesis 24:63 - He went out to the \_\_\_\_\_ to \_\_\_\_\_.
2. In \_\_\_\_ passages in the OT, \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_ are mentioned by \_\_\_\_\_.
3. Luke 13:28 - \_\_\_\_\_ said Isaac would be in the \_\_\_\_\_.
4. Hebrews 11:20 - He is listed among the \_\_\_\_\_ of \_\_\_\_\_.
5. Genesis 26:1-6,22 - After several confrontations with the \_\_\_\_\_, he said the \_\_\_\_\_ had made \_\_\_\_\_ for them.

B. Other occasions on which Isaac surely meditated:

1. Genesis 18:11-14 - Did \_\_\_\_\_ tell him often about his amazing \_\_\_\_\_? "Is anything too \_\_\_\_\_ for the \_\_\_\_\_?"
2. Genesis 22:1-18 - Did he reflect on the time when his \_\_\_\_\_ nearly \_\_\_\_\_ him as a \_\_\_\_\_ to the Lord?
3. Genesis 24:1-60 - Did his father's \_\_\_\_\_ tell him about how he found Isaac's \_\_\_\_\_?
4. Genesis 25:20-21, 26 - After \_\_\_\_ years of marriage with no \_\_\_\_\_, why did Isaac \_\_\_\_\_ with the Lord?
5. Genesis 28:1-4 - Though \_\_\_\_\_ had recently \_\_\_\_\_ Isaac, the father still \_\_\_\_\_ his son.

## The Continuing Need For Meditation By God's People

A. We're not referring to the practice of \_\_\_\_\_ one's mind.

B. People of faith take time to meditate:

1. Psalm 77:11,12 - \_\_\_\_\_ declared he would \_\_\_\_\_ on the Lord's \_\_\_\_\_, and talk of His \_\_\_\_\_.
2. Psalm 145:5,6 - \_\_\_\_\_ meditated on God's \_\_\_\_\_ works.

C. Christians are urged to meditate:

1. Matthew 6:28 - We can \_\_\_\_\_ much from even the \_\_\_\_\_.
2. Philippians 4:8 - When we find things that are \_\_\_\_\_, etc., we are to \_\_\_\_\_ on them.

Thoreau: "It is not enough if you are \_\_\_\_\_. The question is, \_\_\_\_\_ are you \_\_\_\_\_ about?"

*Central Church of Christ, Johnson City, TN, March 16, 2008, p.m.*